



Nursing Wit and Wisdom

Inspire and Be Inspired!

INSPIRATION ACTION SHEET

JULY 2013: WHAT IS YOUR ONE THING?

“We have so many ideas and plans that come across our lives and inspire us to do great things!

We often get tangled up in thinking of the massive web of intricacies of thoughts, complications, perceived roadblocks and stoplights... that we basically cut off the dream before we even start!

But somewhere in there... there is ONE THING... that keeps the dream alive. Something about it that is the core of why we dream it in the first place. ONE THING that doesn't even SEE any of the roadblocks... Doesn't care about the roadblocks... Crushes the roadblocks... and ONLY SEES the dream, the possibility, the win... “

WHAT IS SOMETHING YOU ARE DREAMING ABOUT FOR YOUR NURSING CAREER?

WHAT INSPIRED THAT DREAM?

WHAT IS THAT ONE THING FOR YOU?

HOW ARE YOU KEEPING THAT DREAM ALIVE?

WHAT IS A STEP YOU COULD DO TODAY TO MOVE YOUR DREAM FORWARD?